



# MASSAGGES ORGANIC-NATURAL

SPORTS MASSAGE THERAPY	DURATION	PRICE
SPORTS MASSAGE	60 min	65 €
MUSCLE RELAXING MASSAGE (deconstructing)	60 min	65 €
POSTURAL MASSAGE	60 min	65 €
WELLNESS MASSAGE THERAPY shoulder and upper limbs lower limbs lumbar tract cervical neck tract	60 min	65 €
RELAXING AND ENERGISING TREATMENTS	DURATA	PREZZO
CLASSIC SWEDISH MASSAGE	60 min	60 €
TRADITIONAL THAI MASSAGE (wat pho style)	60 min	65 €
THAI FOOT MASSAGE	60 min	60 €
THAI OIL MASSAGE	60 min	60 €
MAORI® MASSAGE	60 min	60 €
CALIFORNIAN MASSAGE	60 min	60 €
HAWAIIAN LOMI LOMI MASSAGE	60 min	65 €
AYURVEDICO ABHAINGAM MASSAGE	60 min	60 €

LYMPHATIC DRAINAGE AND REMODELING	DURATA	PREZZO
SCULPTING MASSAGE RENATA FRANÇA METHOD (immediate results after first massage)	60 min	90 €
LYMPHATIC DRAINAGE MASSAGE RENATA FRANÇA METHOD (immediate results after first massage)	60 min	90 €
MIRACLE FACE MASSAGE RENATA FRANÇA METHOD (immediate results after first massage)	30 min	45 €
LYMPHATIC DRAINAGE MASSAGE (powerful Vodder method promoting optimal results)	60 min	60 €
ANTICELLULITE MASSAGE	60 min	60 €
KIREI AND KOBIDO MASSAGE (face and neck)	60 min	60 €

\*100% pure natural oils will be used, but that could still cause allergic reactions.

Spa treatments are provided in accordance with law n4/2013, as regulated by the UNI11713/2018

The treatments are practiced by a highly qualified professional, Tamara Scherban, included in the register of masseurs since 2019. Her specialisations include, amongst others : sports, holistic techniques, wellness massage therapy and Renata França method massages. Tamara is available, by appointment, in the wellness treatment area of the structure.